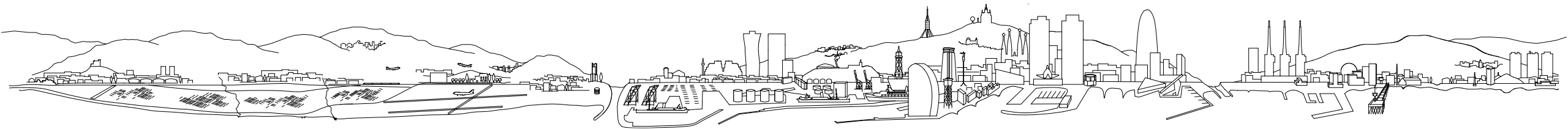


Analysing of time policies at the metropolitan and local level



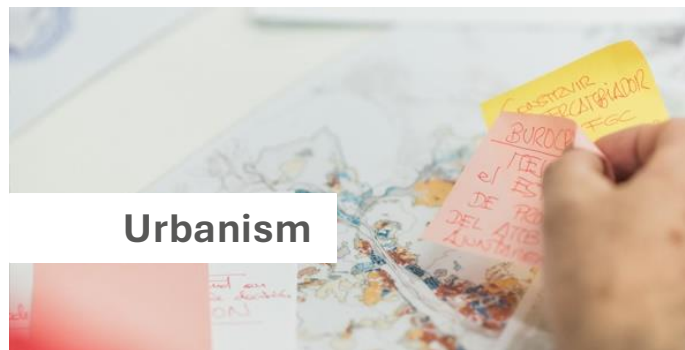
Metropolitan territory



Competences



Territory



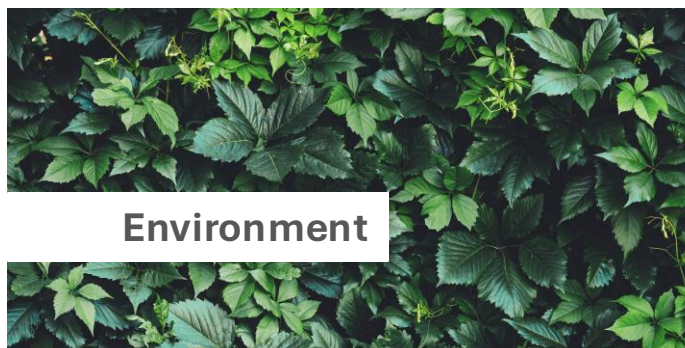
Urbanism



Housing



Mobility and transport



Environment



**Social and economic
development**

Innovation and digitalisation

Strategic planning

International action

General Context

Barcelona Declaration on Time Policies: **Framework Agreement**

Local and Regional Time Network: **International Network**

Inter-institutional agreement to promote time policies:
**Government of Catalonia, Barcelona Provincial Council,
Barcelona City Council, and Barcelona Metropolitan Area**

Instruments and Resources promoted by the AMB

Metropolitan Pact for the Right to Time

Metropolitan Social Table (Time Rights Area)

Advisory and support services for municipalities

Metropolitan Plan to Support Municipal Social Policies: financial support to municipalities

Training and awareness materials for companies and municipalities

Diagnosis of the implementation of time policies in Metropolitan Municipalities

Taula Social Metropolitana (Àmbit Dret al Temps)

Dialogue space initiated in 2022, 6 sessions have been held for the exchange of knowledge and collaborative work on social problems and challenges in which 26 of the 36 municipalities that are part of the AMB have participated.



1

Continue to promote the exchange of knowledge and experiences between metropolitan municipalities

2

Promote joint positions of metropolitan municipalities on issues of shared interest

3

Carry out specific projects that benefit metropolitan municipalities

4

Promote projects between municipalities in an environment of intermunicipal cooperation

Advisory and Support Service for Metropolitan

Advisory and support for municipalities on time policies involving the business, commercial, industrial, and productive sectors.

2023:

Montcada i Reixac
Sant Cugat del Vallès

2024:

Esplugues de Llobregat,
Sant Boi de Llobregat,
Sant Adrià de Besòs
Barberà de Vallès

2025:

L'Hospitalet de Llobregat,
Santa Coloma de Gramenet
Barberà del Vallès
Sant Boi Llobregat



Metropolitan Plan to Support Municipal Social Policies: Financial Support to Municipalities

Grants to Municipalities for local initiatives aimed at promoting social and territorial cohesion across the metropolitan area (2024–2027) (€30M)

Metropolitan Program to Promote Equal Opportunities in Employment

Line of action: Right to Time in organizations and work environments



Materials and training aimed at the "productive sector" that promote more balanced uses of

These materials offer key proposals to facilitate the implementation of measures that promote a balanced and rational organisation of working time.

The goal is for them to serve as a source of **inspiration and reference**, both for specialists and for those who are just beginning to implement time policies.

Developed by the **Department of Social and Economic Development of the AMB**, in collaboration with the **Time Use Initiative Association**.

Written in **clear and accessible language**, explaining the proposals and their benefits both for the productive sector and for workers.



55 proposals to improve co-responsibility, work-life balance, productivity, and sustainability in metropolitan companies.

Decalogue for a balanced and rational organisation of working time in metropolitan companies

Diagnosis of the implementation of time policies in Metropolitan Municipalities:



Analysis of the current situation of metropolitan municipalities in relation to time policies, providing individual and collective data on the actual implementation of these policies in the metropolis, and drawing conclusions and recommendations.

An **Executive Report** is produced, summarizing the main results of the fieldwork on time use, with aggregated data from participating municipalities. In addition, a **personalized report is prepared for each municipality**, allowing them to compare their overall responses with those of all municipalities.



d'estudis
autònòmics
i locals

Biennial monitoring: 2022 and 2024, to report progress made by municipalities. In both the first and second waves, 29 out of the 36 metropolitan municipalities participated. The study includes these 29 municipalities, which represent **80.55% of the territory** and **95.9% of the total population** of the Barcelona Metropolitan Area. A third and **final wave** is scheduled for **2026**.

Diagnosis of the implementation of time policies in Metropolitan Municipalities:

Self-assessment questionnaire on time policies in AMB municipalities

It is based on answering 50 questions about specific actions.

The study includes two types of policies:

1) Aimed at citizens:

- Care
- Gender equity and co-responsibility
- Productive sector
- Education
- Leisure, culture, and associations
- Mobility and public space
- Citizen participation
- Awareness-raising activities
- Night-time policies

2) At the internal level (within the City Council):

Time policies implemented that are aimed at people working within the City Council.

Diagnosis of the implementation of time policies in Metropolitan Municipalities:

SAMPLE QUESTIONNAIRE	2022				2024		
	Yes, we have a policy	No, but there is interest	No, we have no policy	Average of metropolitan municipalities with a policy	Yes, we have a policy	No tenim cap política, però hi ha interès	No, no tenim cap política
1. Equality. Gender equity and co-responsibility							
a. There is a municipal babysitting policy		x		55,2%		x	
b. There is a policy to give time to caregivers	x			55,2%	x		
c. Protocols exist to include clauses on co-responsibility in municipal public procurement			x	24,1%			x

Diagnosis of the implementation of time policies in Metropolitan Municipalities:

- In the comparison between 2022 and 2024, **the trend in the implementation of time policies in the Metropolitan Area remains stable with regard to policies aimed at citizens**, despite the municipal elections that took place in between
- However, **there is a notable decrease in internal policies**. In particular, a decline has been observed in policies **related to digitalization**.
 - It is important to contextualize this: in 2022, the effects of COVID-19 were still being felt, which had driven online procedures and digital management. By 2024, with a changed context, the number of digital procedures and protocols promoting digital work has decreased
- **The areas that generate the most interest** among municipalities for developing time policies in the future are mainly those related to **the productive sector and awareness-raising activities around the right to time**

Diagnosis of the implementation of time policies in Metropolitan Municipalities:

- Time policies directed toward citizens have a **high level of implementation** (in 20% of municipalities), an **intermediate level of implementation** (70%), and a **low level of implementation** (10%, mostly in smaller municipalities).
- Most metropolitan municipalities have approximately **30% of time policies implemented**.
- Municipalities with a higher level of implementation are those that have **adhered to the Metropolitan Time Pact**, while those with an incipient level of implementation are not part of the pact.
- Regarding the position of time policies within the municipal organizational chart, there is a slight trend toward mainstreaming these policies, with a tendency to place them within the mayor's office, deputy mayor's office, or socio-economic development departments. Nevertheless, **the main department responsible continues to be the equality office**.
- **The areas of implementation for time policies can be divided into three categories:**
 - **High implementation:** education, mobility and public space, and citizen attention and participation.
 - **Intermediate implementation:** gender equality and leisure.
 - **Incipient implementation:** awareness-raising activities, night-time policies, and the productive sector.

Many thanks for your attention!

Eli Tejero

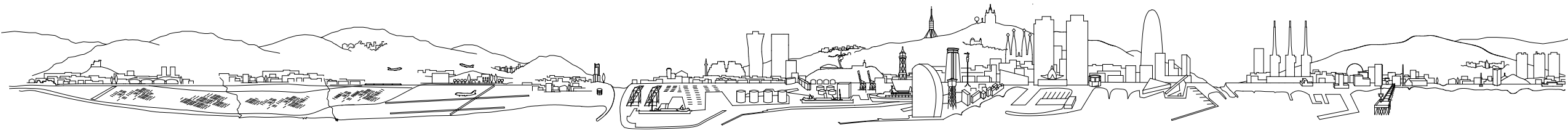
[Director of Social and Equality Policies](#)

etejero@amb.cat

Pedro Martín

[Social and Equality Policies officer](#)

pmartin@amb.cat



AMB



Àrea Metropolitana
de Barcelona