




EU Grants: Event description sheet 
(CERV): V1.0 – 18.05.2023
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EVENT DESCRIPTION SHEET

(To be filled in and uploaded as deliverable in the Portal Grant Management System, at the due date foreseen in the system.)

 *Please provide one sheet per event (one event = one work package = one lump sum).*

PROJECT	
Participant:	4. E.M. STRASBOURG
PIC number:	995380051
Project name and acronym:	Time4All: Promoting cooperation among citizens, towns and cities on time policies and the right to time (Time4All)

EVENT DESCRIPTION	
Event number:	8
Event name:	World Capital of Time Policies 2024
Type:	Conference
In situ/online:	In situ
Location:	Strasbourg
Date(s):	28-29th November 2024
Website(s) (if any):	https://timeuse.barcelona/world-capital-time-policies
Participants (as reported in the registration form)	
Female:	154
Male:	52
Non-binary:	1
Eligible countries	
From country 1 [Austria]:	4



From country 2 [Belgium]:	5		
From country 3 [France]:	124		
From country 4 [Germany]:	15		
From country 5 [Greece]:	2		
From country 6 [Italy]:	19		
From country 7 [Romania]:	1		
From country 8 [Portugal]:	1		
From country 9 [Spain]:	31		
Non-eligible countries:			
From country 10 [Azerbaijan]:	1		
From country 11 [Luxembourg]:	2		
From country 12 [Switzerland]:	2		
Total number of participants:	207	From total number of countries:	12
Total number of participants from eligible countries:	202	From total number of eligible countries:	9
Total number of participants from non-eligible countries:	5	From total number of non-eligible countries:	3
Description:			
<p>Strasbourg has been honoured as the “World Capital of Time” for 2024 by the European and international network “Local and Regional Governments Time Network”. This recognition celebrates Strasbourg's commitment to considering time as a structuring axis of public policies.</p> <p>During such recognition, it hosted the event “Les Temporelles 2024”, which was held at the European Parliament in Strasbourg on November 28-29, 2024, co-organized also with Tempo Territorial, the French network on time policies. It brought together over 200 participants from various European countries,</p>			



including elected officials, civil servants, researchers, and representatives from the associative and private sectors.

Key themes and debates during the event included:

1. The right to time for self-care and caring for others: The event explored the concept of time as a fundamental right, delving into the complex balance between personal time and societal obligations. Discussions centred on recognizing and protecting individuals' need for self-care and caregiving time within societal structures.
2. Legitimacy of personal time and the importance of children's time: Participants analysed societal perceptions of personal time use, challenging prevailing notions of productivity and efficiency. A significant focus was placed on the developmental needs of children in relation to time, emphasizing the crucial role of unstructured time in child development.
3. Institutional competencies at the European level regarding time policies: The event examined current European policies related to time management and explored proposals for enhancing EU-wide coordination on time-related issues. Discussions highlighted the need for a more cohesive approach to time policies across member states.
4. Promotion of a vision of Europe where caring for oneself and others is a protected and effective right: Strategies for integrating care time into legal frameworks were discussed, along with the cultural shifts needed to prioritize care time in European societies. The debate emphasized the importance of recognising care as a fundamental aspect of human life deserving legal protection.
5. Time poverty, especially concerning women: The event included an in-depth analysis of gender disparities in time allocation, highlighting how women often bear a disproportionate burden of unpaid work and care responsibilities. Participants explored policies to address these time-related inequalities and promote a more equitable distribution of time resources.
6. The need to create leisure spaces without expectations on time use: Concepts for designing time-neutral public spaces were presented, challenging the societal pressure for constant productivity. Discussions focused on the importance of creating environments where individuals can engage in leisure activities without feeling guilty or pressured about 'wasting' time.
7. Care time and the situation of children with overloaded schedules: The event examined the impact of busy schedules on child well-being, discussing the potential negative effects of over-scheduling on children's development. Strategies for ensuring adequate care time in family settings were explored, emphasizing the need for balance in children's lives.
8. The importance of free time and the "right to boredom" for child development: Research findings on the benefits of unstructured time for children were presented, highlighting how 'boredom' can foster creativity and self-reliance. Proposals for integrating free time into educational policies were discussed, challenging the trend towards highly structured childhoods.
9. Work-life balance: The event included an analysis of current work-life balance policies across Europe, identifying best practices and areas for improvement. Innovative approaches to flexible working arrangements were explored, considering how technology and changing work cultures can support better work-life integration.
10. Territorial inequalities related to time: Participants examined time-related disparities between urban and rural areas, discussing how factors such as commute times, access to services, and work opportunities contribute to these inequalities. Strategies for addressing time inequalities in different regions were proposed, aiming to ensure more equitable time distribution across diverse geographical contexts.

The event provided a platform for sharing experiences and reflections on time policies at different territorial scales. It emphasized the importance of considering time as a common good and a right, as well as the need for a European directive on time.



Outcomes and future directions:

1. Recognition of time as a common good and a right: The event solidified the understanding of time as a collective resource and an individual right. Discussions explored the legal and policy implications of this recognition, considering how it might reshape social and economic structures. Participants examined potential impacts on labour laws, social services, and urban planning, envisioning a society where time is valued as much as other resources.
2. Emphasis on the need for a European directive on time: Participants engaged in in-depth discussions on the scope and content of a potential European time directive. They explored how such a directive could address issues like working hours, care responsibilities, and leisure time across member states. Strategies for building consensus among EU countries were proposed, recognizing the diverse cultural and economic contexts that would need to be considered in crafting such a directive.
3. Identification of key themes for future work: The event outlined several critical areas for ongoing research and policy development. These included developing innovative policies for flexible work arrangements to improve work-life balance; integrating care responsibilities into social and economic policies to recognize the value of unpaid care work; addressing systemic causes of time scarcity, particularly for marginalized groups; incorporating scientific understanding of biological rhythms into policymaking to align societal schedules with human chronobiology; and developing strategies to ensure equitable time distribution across regions, addressing urban-rural disparities and other geographical inequalities.

The event concluded with a commitment to continue working on these issues and to promote time policies at the European level, reinforcing Strasbourg's role as a leader in this field. Participants left with a renewed sense of purpose and a clear agenda for advancing time-related policies across Europe.

The Event Description Sheet can be downloaded from the website, by clicking on the box "Check the event report" in the section created for Strasbourg on the website (<https://timeuse.barcelona/world-capital-time-policies>).

The full programme was sent by email to all Time4All partners and Tempo Territorial mailing list. It can be found here: https://timeuse.barcelona/wp-content/uploads/2024/12/StrasbourgCapitaleDesTemps_2024_programme_colloque.pdf

The event was communicated through both Time4All communication channels and the organizing partner channels. Specifically, the following publications were made:

- A specific section on Strasbourg was created at the Network's website: <https://timeuse.barcelona/world-capital-time-policies>
- Registration site was created: <https://tempoterritorial.fr/28-29-novembre-les-temporelles-2024-a-strasbourg/>
- News publication: <https://tempoterritorial.fr/premiers-retours-sur-les-temporelles-2024/>
- First conclusions were drafted: <https://tempoterritorial.fr/premiers-retours-sur-les-temporelles-2024/>
- Key social media posts:
 - o Facebook <https://www.facebook.com/share/p/MWZSEGCrQnHpR8vM/>
 - o LinkedIn: https://www.linkedin.com/posts/r%C3%A9seau-tempo-territorial-221108208_28-29-novembre-les-temporelles-2024-%C3%A0-activity-7259232058261028864-6lkq?utm_source=share&utm_medium=member_desktop

All Time4All partners also supported the dissemination of the event, resulting in great success in terms of registration and participation.



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HISTORY OF CHANGES		
VERSION	PUBLICATION DATE	CHANGE
1.0	9.12.2024	BTUI