

PUBLIC PRESENTATION OF THE LOCAL AND REGIONAL TIME AGENDA

Life balance: Work, care, rest and personal time

ONLINE

09/06/2022

14.30-16.30 CET

The Local and Regional Time Agenda is a pioneering compilation of time policies implemented in a post-COVID era by local, metropolitan and regional authorities from distinct corners of the world.

This agenda aims to become a guide for those institutions interested in time policies as a tool to transform the society of the 21st century by making it healthier, more egalitarian, more efficient and more sustainable for all. It provides an updated compilation of time policies grouped by different topics as well as practical recommendations on how to implement them.

In particular, this publication tackles a time-related topic of global relevance: "Life balance: work, care, rest and personal time". Historical and current data point to deep disparities among people all over the world, especially between men and women. In the 21st century, citizens, their institutions, private companies and social agents need to define and find a better life balance.

This Agenda is coordinated by the Local and Regional Governments Time Network, the international network to exchange and promote implementable time policies generated at the local and regional level.

PROGRAMME

Welcome

Laura Pérez

*Councillor of Social Rights, Global Justice, and Feminism
(Barcelona City Council)*

Introduction and presentation of the Agenda

Marta Junqué

*Co-coordinator of the Barcelona Time Use Initiative,
acting as the Secretariat for the Local and Regional Government Time Network.*

Context Introduction

Maria Luz Vega Ruiz

*Senior Adviser Research Department,
International Labour Organization (ILO)*

Sanna Nivakoski

Research Officer at Eurofound

Good practices in lifetime balance

FIRST PART

Public Policies aimed at improving Life balance towards citizens

Bogotá Care System, Bogotá
Diana María Parra Romero

*Secretary of Equality Policies
of the Bogotá City Council.*

Time for Care, Catalonia
Núria Vergés

*General Director of the
Care, Time Organization and Employment
Equity of the Catalan Government*

**Barcelona Business Network for
New Working-Time Arrangements
(NUST Business Network), Barcelona**

Emilia Pallàs Zenke

*Executive Director of the Municipal
Socio-economic Development Area
of the Barcelona City Council.*

**Fostering co-responsible
reconciliation through public
procurement, Strasbourg**
Marina Lafay

*Councillor at Time Office and Innovative Service
of the Strasbourg City Council.*

SECOND PART

Public Policies aimed at improving Life Balance for public employees

**Smart working and flexibility in the
municipal administration, Bolzano**

Sylvia Profanter

*Head of the Statistics and Time of the
City Office of the Bolzano City Council.*

The Near-working Project, Milan

Francesca Zajczyk

*University Professor, representing Deputy Mayor
for Mobility of the Comune di Milano*

Caterina Laurenzi

*Policy Advisor, Economic development and Labour
policies Department of the Comune di Milano*

Recommendations on facilitating the transferability of practices

Debate among the speakers

Questions and Answers

Closure and next steps

Tempo Territoriale

Katja Kuger

Board member of the Local and Regional Government Time Network.

Co-organized by

